

PRESTON HOUSE

EDUCATION

THE HIDDEN CURRICULUM

Nanny Development | Household Education | Bespoke Consultancy

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What Preston House Education Is

Preston House Education is practical, in-person training for nannies, designed to strengthen the way they support a child's development at home.

WHAT IT IS:

A practical training programme for your nanny. We take established education and child development theory, what teachers are trained in, and connect everyday care with the skills children need at each stage of development.

WHAT IT DOES:

The programme develops your nanny into a confident, development-focused professional who actively support your child's wellbeing, independence, learning and growth during everyday interactions.

HOW IT WORKS:

Start with the Foundation Programme, then move into the developmental pathway matched to your child's needs. Training is delivered in person over the course of one month, with two hours of focused coaching each week. Intensives and bespoke formats are also available.

WHAT IS INCLUDED:

A printed workbook, practical scripts and activities, weekly goal setting and parent updates, with simple alignment tools to keep everyone working towards the same goals.

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Every Interaction Shapes a Child...

The conversations.

The routines.

The expectations.

The people around them.

The future will reward qualities that cannot be automated.

Children spend only a fraction of their lives in school. The rest of their learning happens through everyday life.

Children are shaped by the people who guide them every day.

Often in the moments that seem the least significant.

The Hidden Curriculum of the Home

What happens at home shapes what children carry into the future.

Preston House Education raises the standard of everyday life at home.

> “THE ADULTS SURROUNDING A CHILD ARE CONSTANTLY SHAPING THEIR CONFIDENCE, SELF-IMAGE, RESILIENCE, AND FUTURE CAPABILITY.”

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Preston House Education raises the standard of everyday life at home.

We work discreetly with families and household teams to transform daily routines, relationships and learning moments into a refined developmental environment for children.

AREAS OF SUPPORT



Professional Development for Nannies

Private training for nannies and household childcare professionals, strengthening emotional safety, behaviour, family partnership, independence, communication and everyday developmental practice.



Household Consultancy

Bespoke family consultancy designed around each household's priorities: educational enrichment, school readiness, study routines, confidence, behaviour, communication and executive functioning.

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PROFESSIONAL DEVELOPMENT FOR NANNIES



Programme Outcomes

Our approach equips caregivers with practical developmental strategies that support emotional wellbeing, strengthen communication, encourage independence and create positive daily routines while nurturing the confidence, character and adaptability children need for the future.

Nanny Foundation Programme Focus

WEEK 1	WEEK 2	WEEK 3	WEEK 4
Emotional Safety & Connection	Behaviour & Regulation	Confidence & Independence	Family Partnership & Professionalism
Building trust, reading a child's cues and creating the conditions in which they feel secure.	Understanding what sits behind behaviour, responding calmly and helping children manage their emotions.	Knowing when to help, when to step back, and how to build capability through everyday routines.	Clear communication, appropriate boundaries, and working to the parents' expectations and values.

Every nanny then moves on to the Development Pathway matched to the age of the child in her care.

Courses are available as Weekend Intensive or 4-Week Programme

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DEVELOPMENT PATHWAYS AT A GLANCE

	COMMUNICATION	CURIOSITY & THINKING	LEARNING FOUNDATIONS	CONFIDENCE & INDEPENDENCE
AGES 1–3 *The Explorer to The Questioner*	First words and naming	Sensory play and cause and effect	Early routines	Security and first tries
AGES 3–5 *The Questioner to The Apprentice*	Finding their voice	Questions and discovery	Early literacy and number	Doing it for themselves
AGES 5–7 *The Apprentice to The Self-Explorer*	Reading, writing and spelling	Reasoning and problem-solving	Calm homework and school subjects	Organisation and routines
AGES 7–10 *The Self-Explorer to The Navigator*	Explaining and disagreeing well	Weighing options and deciding	Being wrong safely	Trust and real responsibility
AGES 10–12 *The Navigator onward*	Making a case and leading a conversation	Testing claims and thinking for themselves	Going deep on something of their own	Big feelings, identity and responsibility

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HOUSEHOLD CONSULTANCY

Every family is different. Every child is different.

Our bespoke consultancy is designed around the unique goals, challenges and aspirations of each family.

Areas of Support

- Educational enrichment
- School readiness
- Homework and study support
- Confidence and independence
- Behaviour and communication
- Executive functioning
- Specific learning needs (SEN)
- Gifted and high-potential learners
- Nanny and caregiver coaching
- Household routines and systems

And anything in between...

Whether addressing a specific challenge or designing a fully tailored developmental framework, every solution is built around your family's needs.

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Raising the Standard of Everyday Living

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Enquiries | Consultations | Programme Information